

# YOUR KEY TO THE CITY'S HEALTH CARE

Unlock your right to health care with  
dignity and respect, regardless of  
immigration status or ability to pay



Now in  
Brooklyn, Staten  
Island and the Bronx.

**Become a member of  
NYC Care today!**

1-646-NYC-CARE

1-646-692-2273

[nyccare.nyc](http://nyccare.nyc)

Privacy and confidentiality are  
guaranteed. NYC Care enrollment  
does not pose a risk under the  
'public charge' rule.

**NYC**  
**HEALTH+**  
**HOSPITALS**



## About NYC Care

NYC Care is a health care access program that guarantees services at little or no cost to New Yorkers who do not qualify or cannot afford health insurance. Unlock your right to affordable health care with dignity and respect, regardless of your immigration status or ability to pay.

With NYC Care, you can:

- + Get a membership card to access primary and preventive health services at NYC Health + Hospitals patient care sites in your community.
- + Choose your own primary care provider who will help you avoid getting sick and connect you with other services you need to stay healthy.
- + Get your first appointment with your primary care provider in two weeks or less.
- + Contact our Call Center, available 24/7, when you need help.
- + Get 24/7 access to low-cost prescription medication and refills overnight when needed.
- + Get support from a primary care team that includes nurses, mental health professionals, medical assistants, social workers, pharmacists and nutritionists.
- + Afford quality health care. There are no costs to join or monthly fees. Your cost to receive health care is based on your family size and income.

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## Your Membership Services

### Primary and Preventive Care

- + Choose your own primary care provider who will treat routine physical conditions, such as acid indigestion, sore throat and fever, and help you manage chronic diseases like diabetes and high blood pressure.
- + Get routine vaccinations and screenings like a mammogram and a colonoscopy.

### Specialty Care

Your primary care provider will work closely with specialists and will help refer you to the services you need including:

- + Cardiology
- + Arthritis Care
- + Orthopedics
- + Podiatry
- + Weight Loss Services
- + Gastroenterology
- + General Surgery
- + Ear, Nose and Throat (ENT)
- + Women's Health and Prenatal Care
- + Vision Care

### Behavioral Health and Substance Use

- + Access a range of mental health services to treat depression, anxiety and other mental health conditions.
- + Get referred to the right mental health specialist, social worker, therapist or psychiatrist.
- + Get treatment and support for addiction and substance-use disorders.

### Affordable Medications

- + Get low-cost prescription medications at NYC Health + Hospitals pharmacies and additional pharmacy access with extended hours, including weekday evenings and weekends.
- + Order prescription refills online.

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## FAQs

### What is NYC Care?

NYC Care is a membership-based program provided by NYC Health + Hospitals, that gives you access to your own doctor and services at little or no cost including visits to specialists, medications and access to 24/7 customer service.

### How do I qualify for NYC Care?

You must have lived in NYC for six months or longer and not be eligible for the affordable government health insurance plans that are available in New York State. You may also qualify if you are unable to afford health insurance based on federal standards. To find out if you are eligible, call 1-646-NYC-CARE (1-646-692-2273) today.

### How much will I have to pay for services?

You will pay based on what you can afford. Discounted fees are determined by your family size and income and start at \$0. There are no costs to join, monthly fees or premiums. For more information, please visit [nycare.nyc](https://nycare.nyc) to see our fee scale table.

### Where can I get health services?

As a member of NYC Care, you will have access to NYC Health + Hospitals patient care sites in your community. For locations, visit [nycare.nyc](https://nycare.nyc).

### Will my privacy be protected?

The health care professionals at NYC Health + Hospitals are committed to keeping private your personal health information and your immigration status. Seek care without fear. Enroll in NYC Care today.

### How can I learn more or enroll in NYC Care?

Call 1-646-NYC-CARE (1-646-692-2273). You can also visit [nycare.nyc](https://nycare.nyc) to learn more. We speak your language!

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**With NYC Care, you can  
get health care before  
you get sick**

In New York City, we believe health care is a human right. No matter where you were born or how much money you have, you have a right to quality, affordable health care in our city.

With NYC Care, you will have your own regular health care provider and get the medical services you need in a NYC Health + Hospitals patient care site in your community. Also, you will be able to get primary care, OB-GYN care, mental health care and 24/7 access to the medications you need.

With NYC Care, you will have the ability to stay healthy by taking care of any health issues early through your relationship with your health care provider. **You will no longer need to rely on the emergency room to receive the care you need.** All services will be provided at little or no cost.

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